

PE Medium Term Plan 2021-2022

		Early Years	Key Stage 1	Year 3/ 4	Year 5	Year 6
Aut 1	Week 1-3	Growing	Multi-skills- <i>Games Core Task 1</i>	Dance- <i>Dance Core Task 3</i>	Dance- <i>Dance Core Task 7</i>	Swimming
	Week 4-6	Dinosaurs	Football- <i>Games Core Task 2</i>	Tag Rugby- <i>Invasion Games Core Task 1</i>	Tag Rugby- <i>Invasion Games Core Task 8</i>	High 5 Netball- <i>Invasion Games Core Task 8</i>
Aut 2	Week 1-3	Winter	Gymnastics- <i>Gymnastics Core Task 1</i>	Invictus	Health Related Exercise	Swimming
	Week 4-6	Celebrations	Improving Catching- <i>Games Core Task 6</i>	Gymnastics- <i>Gymnastics Core Task 7 & 8</i>	Basketball- <i>Invasion Games Core Task 6</i>	Football- <i>Invasion Games Core Task 8</i>
Spr 1	Week 1-3	Mini-beasts	Dance- <i>Dance Core Task 1</i>	Basketball- <i>Invasion Game Core Task 4</i>	Swimming	Dance- <i>Dance Core Task 7</i>
	Week 4-6	On the Farm	Invictus- <i>Games Core Task 4</i>	Types of Training- <i>Fitness Testing Sheet</i>	Badminton- <i>Net/Wall Core Task 3</i>	Tennis- <i>Net/Wall Core Task 4</i>
Spr 2	Week 1-3	Superheroes	Improving Balance- <i>Gymnastics Core Task 2</i>	Tennis- <i>Net/Wall Core Task 2</i>	Swimming	Types of Training- <i>Fitness Testing Sheet</i>
	Week 4-6	The Jungle	Improving Throwing- <i>Athletics Core Task 2</i>	Hockey- <i>Invasion Games Core Task 5</i>	Handball- <i>Invasion Games Core Task 7</i>	Hockey- <i>Invasion Games Core Task 10</i>

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Sum 1	Week 1-3	The Circus	Health Related Exercise- <i>Fitness Testing Sheet from PPT</i>	Golf- <i>Striking and Fielding Core Task 2</i>	Swimming	Golf- <i>Striking and Fielding Core Task 4</i>
	Week 4-6	Space	Orienteering- <i>OAA Core Task 1</i>	Rounders- <i>Striking and Fielding Core Task 3</i>	Multi-skills- <i>Striking and Fielding Core Task 4</i>	Rounders- <i>Striking and Fielding Core Task 5</i>
Sum 2	Week 1-3	Under the Sea	Athletics- <i>Athletics Core Task 1</i>	Athletics- <i>Athletics Core Task 5</i>	Swimming	Athletics- <i>Athletics Core Task 7</i>
	Week 4-6	At The Beach	Striking and Fielding- <i>Games Core Task 3</i>	Orienteering- <i>OAA Core Task 5</i>	Athletics- <i>Athletics Core Task 6</i>	Orienteering- <i>OAA Core Task 7 & 8</i>

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EARLY YEARS	KEY STAGE 1	YEAR 3/4	YEAR 5	YEAR 6
Agility Balance Catching Throwing All covered within each topic.	Games- 5 Dance- 1 Gymnastics- 2 Athletics- 2 OAA- 1	Invasion Games- 3 Net/Wall- 1 Striking and Fielding- 2 Dance- 1 Gymnastics- 1 OAA- 1 Athletics- 1	Swimming-4 Invasion Games- 3 Net/Wall- 1 Striking and Fielding- 1 Athletics- 1	Swimming-2 Invasion Games- 3 Net/Wall- 1 Striking and Fielding- 2 Gymnastics- 1 Dance- 1 Athletics- 1 OAA- 1

October	November	December	January	February	March	April	May	June	July
Y5/6 Tag Rugby	Paralympic Festival	Gymnastics Festival	EYFS Multisport	Y3/4 Basketball	Y5/6 Hockey	Y3/4 Rugby Union	Y3/4 Mini Tennis	Y3/4 Quadkids Athletics	KS1 OAA
Y5/6 Girls football	Y5/6 Bee Netball	Paralympic Festival (SEN and ARMs)	Y5/6 Basketball	Top Sportability Boccia Festival (SEN and ARMs)	KS1 Multisport	EYFS Multisport Festival	Y3/4 Orienteering	Athletics Festival	Sportability Striking & Fielding/ Net & Wall
	Y1/2 Sports Hall Athletics				Y3/4 Quicksticks Hockey		Y5/6 Countdown Cricket	Y5/6 Orienteering	Y5/6 Rugby League
	Y5/6 Sports hall				Y4 Rugby League		Fun Run	KS1 OAA Festival	Y3/4 Countdown

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	athletics				Dance Festival Top Sportability Creative Performance Festival (ARMs and SEN)		Top Sportability Multisport Festival (ARMs and SEN)		Cricket
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